

STATE OF CONNECTICUT

DEPARTMENT OF PUBLIC HEALTH

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Commissioner



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To: Healthcare Providers, Healthcare Facilities, Local Health Departments
From: Manisha Juthani, MD, Commissioner
Lynn Sosa, MD, State Epidemiologist
Subject: Interim Local Guidance for Management of Healthcare Personnel with Acute Respiratory Viral Infections
Date: August 15, 2025

As we head into the fall, the Connecticut Department of Public Health (DPH) is providing guidance for management of healthcare personnel (HCP) with acute respiratory viral infections including COVID-19, influenza and respiratory syncytial virus (RSV). This guidance reflects the work of the Infection Control in Healthcare Personnel Workgroup of the Healthcare Infection Control Practices Advisory Committee (HICPAC) as presented at their November 2024 public meeting. In the absence of a recognized authority to replace HICPAC and continue this work, the Connecticut Department of Public Health is providing interim guidance for work exclusion of HCP with suspected or confirmed respiratory viral infections. This guidance applies to HCP with suspected or confirmed SARS-CoV-2, seasonal influenza, and other acute respiratory viral infections, regardless of whether diagnostic testing for viral pathogens is performed or the results of such testing. This guidance does not apply to [novel influenza A virus](#) (including H5N1 avian influenza), [Middle East Respiratory Syndrome \(MERS\)](#), or for other pathogens for which distinct and specific public health guidance is available. This guidance is intended to supersede CDC's [Interim Guidance for Managing Healthcare Personnel with SARS-CoV-2 Infection or Exposure to SARS-CoV-2](#) and the section on the management of ill HCP contained within the CDC guidance document, [Infection Prevention and Control Strategies for Seasonal Influenza in Healthcare Settings](#).

HCP should be encouraged to stay up to date on influenza and COVID-19 immunizations and follow healthcare facility policies for source control masking.

Several states in the northeast region have worked together to develop consensus guidance based on evidence presented by HICPAC. This consensus should provide continuity for HCP and patients that work and seek care throughout the northeastern United States.

Questions about this guidance can be directed to the DPH Healthcare Associated Infections and Antimicrobial Resistance Program at 860-509-7994 or email at dph.haiar@ct.gov.



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